

Overview of Head, Hand, Heart and Support Projects, Vanilla Way has been part of and has been facilitating since 2011.

HEAD PROJECTS

>> changing structures and politics by creative and political activism

- part of attac post growth conference in 2011, berlin, 2.500
 participants, http://blog.jenseits-des-wachstums.de/
- part of creating a cloth-swapping-event format to promote creative activism and how to save resources, 2x in 2011
- facilitating and being part of building up an Sebnitz artist-houseproject in the small town in Saxony Sebnitz, to enrich life quality of the region, to work on demographic change problems, 2012
- part of and facilitation of post growth creative group "Postwachstum Kreativ", 2012
- facilitating a group of vegan activists to collaborate and create a vegan map, 2012
- part of "maker platz" community building festival to promote maker and activist culture, 2012, https://jaycousins.wordpress.com/2011/12/11/makerplatz/
- facilitating a group of political activist from "JWP Mittendrin" to develop their community and cultural space, 2013, http://jwp-mittendrin.de/blog

facilitating citizen initiative "Perspektive Oderberg", project to support
peace and constructive attitude in town and positive demographic change
in eastern Germany, 2014, http://www.zusammenhalt-durch-teilhabe.de

HAND PROJECTS

- >> being active by creating spaces, organizations and products
 - facilitating building a eco-artist-community Harzer Symbiose, 2011-2012
 - part of secret-island-nation festivals, realizing our utopian world,
 2011, 2012, www.secret-island.eu/
 - facilitating a vegan burger/ raw food business, "Sun Day Burgers"
 2012, http://sundayburgers.com/
 - part of building the start-up to market a cradle2cradle product to replace toilet paper with water, 2012-2013
 - facilitating community development, vision development at kuhlmühle project, 2013, http://zentrumfuernachhaltigkeit.de/ wordpress/

www.vanillaway.net



- part of artist village project "Alte Börse Marzahn", build up and facilitating community building 2013, <u>alte-boerse-marzahn.de/</u>
- facilitating a hosting platform related to an alternative theater
 space in a rural area in eastern Germany, for positive demographic change in the region, solidarische economy and employment of a disabled person, 2013, www.theateramrand.de
- facilitating vision development of Klein Hundorf ecovillage, 2014, http://klein-hundorf.de/
- facilitating business development of and organic café "Café Hier und Jetzt" and cultural space in a small town in eastern Germany, for educating, consciousness work, cultural richness and positive demographic change in eastern Germany, 2014, <u>cafe-hier-und-jetzt.de/</u>
- facilitating organic, activist and cultural café community project in a small village, "kulturwiese Dahmsdorf", for consciousness work for organic lifestyle, cultural richness and positive demographic change in eastern Germany, https://kulturwiesedahmsdorf.wordpress.com/2014/06/02/6/
- part of thinkfarm berlin, co- & slow-working space for eco-social turning projects and prototype for collaborative and self-organized organizational structures, 2014-2015, http://berlin.thinkfarm.de

HEART PROJECTS

>> projects around arts and healing

- facilitating communication/strategy of alternative healer Daniela

 Haeffner, 2012 2013, www.naturheilpraxis-lebenswege.de/
- facilitating vision development, team communication from Ruhepool Eco-Spa, 2012 <u>ruhepool-berlin.com/</u>
- facilitating community building and build up of artist/education/
 healing network "Kulturwerk am Hügel" in a small village in eastern
 Germany, for education, consciousness work, cultural richness and
 positive demographic change in eastern Germany, 2014, <u>kulturwerk-am-hügel.de/</u>
- facilitating cultural festival "Cöthener Kultursommer" in a small village in eastern Germany, for cultural richness and positive demographic change in eastern Germany, 2014
- facilitating kick-off of a community & puppet-theater project,
 "Schweinerei", 2015
- part of "Betula & Mamabuche", Shamanic&Presencing seminar,
 2015, vanillaway.net/vanilla-seminars/betula-mamabuche/
- part of m\u00e4rchentanztheater-project "Schneerot und Rosenweiss",
 theater, communtiy and self discovery project, communicating
 personal growth topics, 2015

SUPPORT PROJECTS

- >> projects around facilitation/process design, to support the other three above
 - under the roof of my company Vanilla Way individually and in cooperation with different, partly non-profit, consultant-agencies (socialimpact.eu/, iq-consult.com/, https://www.akr-consult.de) working with government of EU-funds, facilitating 300-400 founders (most during 1-day-workshops since 2012, some through 2h-2day coaching-sessions, by building up their business/marketing in an authentic Win-Win way. many of the founders coming from unemployment, 85% of them having business ideas with ecological approach right from the start, i.e. at least 15% are from field of healing, sustainability etc., http://vanillaway.net/
 - part of **DrDr Logo** Creation 2011/2012
 - part of DrDr Platform 2011-2014, www.dragondreaming.org
 - part of DrDr Community Communication 2011-2014
 - part of DrDr Peru Workshop, Moyobamba, 2013
 - part of DrDr ConFest 2014
 - part of DrDr Berlin Workshops & Community, 2012-2014
 - part of DrDr eBook 2014
 - part of Co-Creative Business Evolution, DrDr for Business, 2014 2015, <u>www.co-creative-business-evolution.de/</u>

